Etiquette In Class

The martial arts training hall (dojo or dojang) is a special place reserved for the students to practice in a disciplined environment. To maintain a proper training atmosphere within the dojang it is important to remember correct protocol.

Please note, this is not simply a matter of courtesy. It is a condition of your membership that all students and their parents observe proper protocol within the school at all times.

Conduct within the Dojang

When entering or leaving the dojang you should take a moment to pause and bow.
This is a moment to remind yourself that you are here to focus on the lesson and to leave outside concerns behind.

This symbolic gesture is an opportunity to get yourself in the right frame of mind to train and at the end of class to remind yourselves that you must always treat what you have learned with the utmost respect.

- Whilst inside the dojang you should focus all your attention on your martial arts training and refrain from chatting about other topics etc. until after your class has finished and you have left the Dojang.
- Martial arts is a great place to meet new friends, but the dojang is not the place to socialise.
- Instructors and black belt students should be referred to by their appropriate title and surname, i.e. Master Olpin, Mrs Williamson, Mr Hirst etc.
- When addressing an instructor directly you should refer to them as Sir or Ma'am as appropriate.

Parents and Visitors to the School

Please remember, these rules also apply to ALL visitors, including parents who are staying to watch their child's class.

- Please remember to set an example to the children by following the same protocol as required of a student. This includes bowing when entering or leaving the dojang and using proper protocol when addressing an instructor.
- Inside the training hall, please remember that we should all address one another in polite and respectful terms. Instructors should always be addressed by title, i.e. Master Olpin, Mrs Williamson, Mr Hirst etc. and please don't feel awkward if we address you as Mr/Mrs/Miss. We're all friends outside training, but it's important to set a good example inside.
- Students should not enter the class until their class begins. Please wait quietly in the corridor until invited to enter by an instructor or Leadership Team member.
- Until the class begins, it is your responsibility to keep an eye on your children. They should not be permitted to run around the hall/play 'tag' etc.
- If you are watching a class then you are expected to do so quietly and to refrain from talking.
- The fundamental rule which you must remember is that the dojang is not a social club but a special place reserved for the practice of the martial arts. You would not sit in your childs maths class and talk so please do not do so in our martial arts classes either.
- If you do wish to talk to other parents please remain in the cloakroom and keep your voices down.
- It is essential that the sole focus of your child's attention is on the instructor in charge so please do not interrupt the class or try to 'coach' your child from the back as this is both distracting for the students and undermines the authority of the instructor in class.
- If you need to bring younger children with you then please remember they must not be allowed to disturb the class.

These are just the basic rules applicable at all times. Should you require clarification of any points please ask an instructor or please refer to the Academy Website and the terms printed on the back of your Membership Agreement.