ILYOKWAN BLACK BELT ACADEMY

Martial Arts | Fitness | Self Defence | Personal Development

Class Schedule 2023

The Academy reserves the right to alter the timetable if required. E&O.E.

Time	Monda	Tuesday	Thursda	Time
18:00	18:00 - 18:45 **Reserved** *Leadership Team Meeting* *Private Lessons*	18:00 - 18:30 **Little Ninjas**	18:00 - 18:45 **Junior Foundation** ***White / Yellow Belt*** *Core Syllabus - 'B' night*	18:00
18:45	18:45 - 19:30 **Adults - Foundation** ***White / Yellow Belt*** *Taekwondo - Core Syllabus*	18:30 - 19:15 **Junior Foundation** **White / Yellow Belt** *Core Syllabus - 'A' night* 19:15 - 20:00 **Junior Experienced** ***Green Belt +*** *Taekwondo - Core Syllabus*	18:45 - 19:45 **Junior Experienced** ***Green Belt +***	18:45
19:30	19:30 - 20:15 **Adults Experienced** ***Green Belt +*** *Taekwondo - Core Syllabus*	20:00 - 21:00 **Open Training / Private Lessons** ***Adults BBTC / MTC*** ***Black Belts & Candidates***	19:30 - 20:15 **Adults - Foundation** ***Open to all grades*** *Kickboxing / Self Defence*	19:45
20:15	20:15 - 21:00 **Masters Training** ***Green Belt +*** *Advanced / Fusion Training*		20:15 - 21:00 **Adults Experienced** ***Green Belt +*** *Advanced / Fusion training*	20:30
21:00	**Black Belts/Candidates - Grading Prep / Open Training** *(by prior arrangement only)*			21:15 - 21:30
21:30				

Classes are held all year round, with the exception of public holidays and 4 weeks scheduled Academy holiday, usually taken in August (two weeks prior to the bank holiday) and two weeks at Xmas. In addition there will be 3/4 evenings per year which may be affected by school events such as parents evening or a school production. The Academy cannot be held responsible for occasional cancellations due to exceptional circumstances beyond our control, including but not limited to: extreme weather conditions, illness or cancellations of the school premises due to school productions, or officially mandated restrictions (such as the government imposted 'lockdowns'etc.

www.BlackBeltAcademy.info