

The black belt represents the essence of the martial arts. It has very special significance to all who wear it and should be treated with the utmost respect.

Ilyokwan dan grades are permitted to wear a personalised black belt, providing it adheres to the following guidelines.

### Belt Type

Traditionally Taekwondo black belts are **5cm wide cotton belts**. These are a bit wider than the 4/4.5 cm ones used in Karate. Adults should have 5cm belts, Juniors may wear the narrower ones. We recommend the 5cm cotton belts from Kwon.

As the black belts are wider than a normal coloured belt, you should go for one size up from normal. I.e. For adults with a 280cm coloured belt, we'd recommend a 300. For juniors with a 250 we'd suggest a 280cm adult belt.

### Embroidery

The *only* writing which should be on a belt is **your name** on one end and the traditional **school name** (Ilyo Mu Do Kwan) on the other, both in **Korean hangul** characters.

- Belts should have the appropriate number of **dan stripes** (on both ends).
- All embroidery should be in the same colour, dark yellow or 'antique gold'.
- No other text/logos etc. In future we may add an instructor status emblem.



### Ordering belts.

We recommend **Threads Embroidery**

<http://threadsembroidery.co.uk/>

We can translate your name and order them for you at cost (it's a bit of a fiddly order form) or you can go direct to Threads. The owner is Harry Shaw, and we've dealt with him there for years now. He does a top quality job and he has the the correct translation for the school name on file on his system.

If in doubt please ASK!. Your black belt is incredibly special, you want to get it right!